

# Welcome to the Dance Days of Summer 2025!

Welcome to the 19th season of "The Dance Days of Summer" at the Guelph Academy of Dance! Our team is eagerly anticipating your dancer's arrival at camp. Inside this package, you'll find everything you need to ensure you and your dancer(s) have a fantastic summer experience at our studio. If you have any additional questions, please don't hesitate to contact me at [briana@guelphdance.com](mailto:briana@guelphdance.com).

**You are enrolled in Session 3 on Monday, July 21<sup>st</sup> – Friday, July 25<sup>th</sup>**

**Your Camp Teachers will be Miss Danielle and Miss Elli**

**Your Camp Assistants will be Miss Sophie**

The "Seniors" (ages 10-13) will dance in the blue studio at the back of the building and store their belongings in the blue changeroom. All families will use the main front entrance and sign in and out in the reception area.

We monitor the changing rooms and try to keep things as tidy as possible, but items always find their way into someone else's backpack. Please make sure to put your child's name on everything!

- **Drop-off times:** 8:30 – 9:00 am
- **The camp day runs from 9:15 am – 4:00 pm**
- **Pick-up times:** 4:00 – 5:00 pm (complimentary aftercare until 5 pm)

**Remember to send your dancer with lunch, two snacks and a water bottle – We will be active all day long, and they will need to refuel!**

Please ensure your child(ren) brings a towel or small blanket to sit on outside. We will go outside for snack breaks, weather permitting of course!

On **Wednesday, July 23<sup>rd</sup>**, all campers will participate in "Super Fun Day" from 1:00 to 4:00 p.m. We will be hosting this special day at the studio again this season. We will be running games and activities throughout the afternoon. The campers will enjoy a peanut-free Freezie treat.

The studio will provide a pizza lunch on Friday (cheese pizza from Pizza Pizza). The cost of the cheese pizza is covered by your camp fee. We are not able to substitute other types of pizza on Fridays – thank you for your understanding.

Camp T-shirts will be distributed on the first day of camp. To avoid confusion, the tags on the T-shirts will be labelled with the campers' names, ensuring they are not misplaced.

I hope everyone is as excited as we are. We look forward to seeing you on Monday morning!

Briana Lynch

*Artistic director and camp LOVER!!*

# Dance Forms and Descriptions

**Ballet** – The most classic of the dance forms, this is the foundation for everything.

**Jazz** - An energetic dance form teaches students a stylized and expressive way to move.

**Hip Hop** – A High Energy dance form with intricate movements.

**Musical Theatre** – A Triple Threat program that incorporates dance, acting and lip-syncing this summer (no singing)

**Contemporary** – A creative and organic dance form that uses rebounding and fluid motion.

**Yoga** – A dancer's introduction to the art of Yoga.

**Art** – Children create and make dance-related crafts and more.

**Drama** – Students will have the opportunity to experiment with their acting skills.

**Choreography** – Dancers will create a socially distanced dance with help from faculty.

**Story Time** – Ballet stories and more

**Super Fun Day** – An afternoon outside to play socially distanced games and activities, crafts and a freezie.

**Showcase** – A demonstration outside to showcase the dances at the end of the week – for campers only.

## Checklist of things to bring to camp

- ☐ Lunch (peanut-free)
- ☐ 2 Snacks for snack time (peanut-free)
- ☐ Water Bottle with dancer's name on it
- ☐ Dance shoes (if they have a pair) or a pair of socks
- ☐ Running shoes for Hip Hop or outdoor activities
- ☐ Sunscreen and a Sun Hat for outside
- ☐ A towel or small blanket to sit on outside for lunch and snack
- ☐ Medication (EpiPens or asthma puffers) if required

## Little details

Parents and guardians must sign their camper in and out daily. If someone other than a family member will be dropping off or picking up your camper, please provide the studio with their names. There is a sheet at the sign-in/out desk where you can write down the names of additional caretakers who will be responsible for the drop-off or pick-up.

Please call (519) 822-2697 if you need anything or send an email to [briana@guelphdance.com](mailto:briana@guelphdance.com)

Students are responsible for providing their lunch and snacks. When packing a lunch, please include a water bottle (they will need it!) and remember that **The Guelph Academy of Dance is peanut-free.**

We will be outside for snack breaks. At lunchtime, the campers eat their meal inside and then move outdoors for recess.

Please write the camper's name on their dance shoes before coming to camp. We want to ensure the dancers take everything home at the end of the day.

Unless a written note is provided, the campers remain under Guelph Academy of Dance staff supervision.