

Dance Forms and Descriptions

Ballet – The most classic of the dance forms, this is the foundation for everything!

Jazz - An energetic dance form teaches students a stylized and expressive way to move.

Hip Hop – A High Energy dance form with intricate movements.

Musical Theatre – A Triple Threat program which incorporates dance, acting and singing.

Contemporary – A creative and organic dance form which uses rebounding and fluid motion.

Yoga – A dancer's introduction to the art of Yoga.

Arts – Children create and make dance related crafts and more.

Drama – Students will have the opportunity to experiment with their acting skills.

Choreography – Dancers will create their own dances with help from faculty.

Dances from Different Countries – Dancers will learn a national dance from another country

Music for Dancers – Dancers will be exposed to musical patterns and rhythms that help keep them on beat

Improvisation for Dancers – Students are lead through improvisation exercises that will enhance their movement capabilities.

Singing and Story Time – Ballet stories and more with a camp sing song

Super Fun Day – An afternoon outside to play, dance, splash, and eat a little ice cream!

Showcase – A quick demonstration for each other to show what they have accomplished over the week.

Check list of things to bring to Camp

- Lunch (peanut free please!)
- 2 Snacks for snack time (peanut free please!)
- Water Bottle with dancer's name on it
- Dance clothes for class (shorts and t-shirts work best, no need for tights!)
- Dance shoes (recommended, but you do not need to purchase a new pair for camp)
- Inside Running Shoes for Hip Hop class (can't wear them outside)
- Comfortable shoes for outside that are safe to run around in
- Bathing suit for Super Fun Day
- Sunscreen and a Sun Hat for outside
- Towel or small blanket to sit on outside for lunch and yoga
- Medication (epipens or asthma puffers) if required

Little details

Students are responsible for providing their own lunch and snacks. On Fridays we provide each camper with Pizza, students do not need to bring a lunch for this one day (but please bring snacks). When packing a lunch please include a water bottle (they will need it!) and remember that **The Guelph Academy of Dance is peanut free.**

Please make sure to write the campers name in their dance shoes before coming to camp. We take them on and off and sometimes they don't make it straight into their bags. I'm hoping that the dancers make it to camp and home again with everything they brought with them!

Campers must be signed in/signed out by a parent or guardian. Please let TGAD staff know if your dancer is being picked up by somebody else. We have sign in/sign out sheets each day in the reception area.

The campers remain under Guelph Academy of Dance staff supervision unless a written note is provided. We will only go outside for lunch, drama and yoga if the weather permits. Campers and staff will not be dancing outside if it is raining.

Dance Days of Summer Faculty

Briana Lynch

Briana Lynch began her dance career at the age of 5 in Fergus, Ontario with The Teresa Randall School of Dance. There she focused primarily on ballet and successfully trained extensively each year for the Royal Academy of Dance exams. Briana also became versatile in Jazz (CDTA) and Modern (Graham and Limon). She began assisting then teaching at her home studio and has not looked back since! After high school, Briana was accepted into Ryerson University's Dance Program under the direction of Nadia Potts. While in the Dance Program she majored in Pedagogy; the teacher training program for children's dance instruction through the Royal Academy of Dance and Ryerson University. Throughout her 4 years at school she was able to work with some of Toronto's most influential choreographers and instructors further developing her own skills as a teacher. Immediately after graduation, Briana began teaching and choreographing around Toronto, working with many studios and art schools in the city. She also co-founded Recoil, a modern dance company.

In 2006 Briana moved to Guelph, Ontario to launch The Guelph Academy of Dance. In 9 short years the studio has blossomed from 75 students to over 400 students with classes in Creative Movement, Ballet, Jazz, Hip-Hop, Musical Theatre, Tap, Contemporary, and Pointe as well as the extremely popular summer dance camp "The Dance Days of Summer". In 2017, Briana was honoured as a "Women of Distinction" through the Guelph YMCA/YWCA. She has also been named "*Favorite Dance Teacher 2010 and 2012*" by the Guelph Mercury and her studio has won many Reader's Choice awards for best studio through both the Mercury and the Guelph Tribune. Briana is delighted to be back teaching during the summer and is looking forward to celebrating our twelfth anniversary of "The Dance Days of Summer"!

Allison Drost

Allison Drost began dancing at age 2 in Milton Ontario at Dance Elite, formerly known as the Audrey Meredith School of Dance. There, she studied a variety of dance forms including Ballet, Jazz, Pointe, Tap, Musical Theatre, Hip-Hop, Acrobatics, Lyrical, Modern, and Contemporary dance. Allison also had the pleasure of being part of the competitive program at Dance Elite and attaining a first placement for her solo in 2000 at The Canadian National Dance Championships and also receiving the Molly Award for having phenomenal stage presence when she was 9.

Allison's shining accomplishments include being the first person ever accepted into Simon Fraser University's Post-Baccalaureate Dance program in downtown Vancouver studying under the world-renowned faculty. She there gained her second degree – a *Bachelor of Fine Arts in Dance*. She also holds a recognized *Bachelor of Arts* degree with a focus in Psychology and Child Development from the University of Guelph where she also currently teaches dance classes to university students.

Allison could not be happier to be back teaching at The Guelph Academy of Dance after studying in Vancouver and looks forward to offering her students the most current dance and theatre instruction there is. She truly enjoys every minute at the studio and encourages all her students to live out their dreams!

Ulrika Englund

Ulrika is a native of Sweden. She started taking jazz classes at the age of 10 that later advanced into ballet, tap, hip hop and modern classes. During her teens she spent most of her spare time in the dance studio. She graduated from the Ballet Academy of Gothenburg in 1998 with a certificate in professional dance studies. Immediately she was hired to work as a performer with a UK-based cruise line and she danced her way around the world. Ulrika moved to Canada in the fall of 1999 and continued to pursue her dance career in Toronto. Ulrika likes to stay current by taking dance classes and workshops whenever possible. She is fresh out of a dance teacher's seminar and she is ready to inspire, encourage and motivate her students to be the best dancer they can be! During the summer of 2007, Ulrika had the opportunity to join the faculty of The Guelph Academy of Dance and is a much loved member of our studio. This is Ulrika's 12th "Dance Days of Summer" camp.

Maddison Robinson

Miss Maddison was one of The Guelph Academy of Dance's very first students, joining the studio in September of 2006. Throughout her years at TGAD, Maddi developed a true love of dance and pursued this passion upon graduation at George Brown College in Toronto.

She is well versed in Ballet, Pointe, Jazz, Tap, Hip Hop and Contemporary and has had the opportunity to study throughout the summer with The Royal Winnipeg Ballet, George Brown College, Ballet Jorgen, as well as dance conventions and the Dance Teacher Expo. Maddison also dances professionally in Toronto with the Hip Hop troupe – B.A. Babes.

During the 2017-2018, Maddison returned "home" and joined the faculty of TGAD on a full-time basis. Maddi is adored by her students and pushes them to reach their very best. We're thrilled to welcome Miss Maddison back to the Dance Days of Summer faculty and she is looking forward to an amazing summer of DANCE!